



2020 hot shot netball @ Woy Woy - Information Sheet

As part of the Central Coast Heart's commitment to a thriving, passionate netball community on the Central Coast, you are invited to come and try hot shot netball at Woy Woy for four weeks commencing Tuesday 10 November 2020 and concluding on Tuesday 1 December 2020 at Lemongrove Netball Courts, Ettalong Beach.

1. **Teams to register on-line at the link at www.centralcoastheart.com.au Entry forms must be submitted along with payment of team entry fee by Friday 30 October to secure a place at Hot Shot Netball.**
2. Entry fee is \$300 per team. This covers up to twelve players regardless of whether they played with a club or association during season 2020.
3. Hot Shot netball is like regular netball except that teams score two points for a goal shot from the marked outer edge of the goal circle.
4. Games will be scheduled from Shot 5.00pm for younger players with later rounds at 6.15pm and 7.30pm for seniors. Times are subject to change depending on the number of rounds needed to accommodate all teams. Games will be played at the same time each week.
5. Teams will be graded as follows (subject to registrations): 6/7s, 8/9s, 10/11s, 12/13s, 14/15/16s, seniors, mixed (3 male/4 female) and walking netball.
6. All players in each team must wear similar uniforms i.e. the same colour shorts/skirts and the same colour tops/shirts, etc.
7. Each team is to supply a competent, non-playing umpire with their own whistle, a scorer, bibs and a ball.
8. The captain of the winning team is to return the score sheet to the recording table at the end of each game.
9. Matches will consist of 4 x 12 minute quarters.
10. Teams are required to play each scheduled match. There will be a \$100 forfeit fine for not fielding a team.
11. Central Coast Heart will not be responsible for any injuries incurred during Trylite Netball.

Further information: info@centralcoastheart.com.au or 0459 193 400



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