#### Heart players progress at State trials

19 November 2019

Six Central Coast Heart players have progressed to the next phase of the State Team trials for the National Netball Championships in Hobart next year..

Congratulations to Eden Matterson, Maddi Mueller and Zoe Peden on progressing to phase 3 of the NSW 17/U selections.

And congratulations to Brooklyn O'Mara, Dakota Thomas and Nakita Jackson on progressing to phase 2 of the NSW 19/U selections.



## Heart announced as finalist at Central Coast Sport Awards

16 November 2019

Central Coast Heart has been named a finalist in three categories at the upcoming Central Coast Sport Awards (to be held on 28 November 2019).

Central Coast Heart Premier League Opens is a finalist in the Team of the Year award;

Head Coach, Amber Cross is a finalist in the Coach of the Year award; and

Social Twilight @ Gosford is a finalist in the Active Recreation Event/Initiative of the Year.



# Maddie named Premier League Player of the Year

2 November 2019

Congratulations to Central Coast Heart player, Maddie Taylor, who was named the Nance Kenny OAM Premier League Player of the Year for 2019.

Central Coast Heart has won this award every year since the Premier League competition commenced:

2016 - Kristen Kessler

2017 - Maddie Taylor (joint winner)

2018 - Amy Wild



## Heart coaches appointed to NSW U/17 team

23 October 2019

Congratulations to Central Coast Heart Head Coach, Amber Cross, who has been named as NSW u17s State team head coach for the 2020 National Netball Championships in Hobart.

Congratulations to our 2020 Opens Assistant Coach, Kirstie Fuller, who was recently named as NSW u17s State team Apprentice Coach.



## Heart announces Central Coast Leagues Athletes of the Year

18 October 2019

Alicia Walsh (Opens) and Brooklyn O'Mara (U/23s) were named Central Coast Leagues Athlete of the Year at the 2019 presentation night.

Other award winners included:

Premier League Open Players' Player - Kristen Kessler

Premier League U/23s Players' Player - Eliza Hand

Metro League Div 2 Coach's Award - Teah Faimanu

Metro League Div 2 Players' Player - Teah Faimanu

Metro League Div 6 Coach's Award - Pania Paea

Metro League Div 6 Players' Player - Ellie Price



# Nakita selected for new GIANTS Academy

16 October 2019

Congratulations to Central Coast Heart player, Nakita Jackson, who has been named as a member of the new GIANTS Netball Academy.

GIANTS Netball coach Julie Fitzgerald, who will oversee the program, says she is thrilled with the calibre of athletes selected in the squad.

Former Diamonds and GIANTS player, Rebecca Bulley, will be coach of the Academy.



## Coach appointments for 2020 season

15 October 2019

Central Coast Heart is proud to announce its talented coaching appointments for 2020: 2020 Premier League Opens Coaches:

- Amber Cross
- Kirstie Fuller

2020 Premier League U23s Coaches:

- Megan Sharpe
- Trude Yen

2020 Metro League Team 1

- Gima Crowdy
- Tracy Gardiner

2020 Metro League Team 2

- Cath Watson



# Heart players selected for new Swifts Academy

15 October 2019

Kristen Kessler, Laura Rodger and Dakota Thomas were among the 24 athletes selected for the inaugural year of the QBE Swifts Academy.

Underpinning the 10 rostered athletes in the main NSW Swifts squad which will contest Suncorp Super Netball, the Academy will consist of Swifts training partners, the NSW Waratahs – who contest the Australian Netball League – along with developing talent identified by Netball NSW selectors.



#### **Eden - ccas**Athlete of the Year

8 October 2019

Congratulations to Central Coast Heart Metro League Div 2 player Eden Matterson who was named Central Coast Academy of Sport's 2019 Netball program Athlete of the Year.

